



THE ST·JAMES
OFFICIAL PARTNER

Chelsea FC Residential Soccer Camp June 22-29, 2025 | Episcopal High School Frequently Asked Questions

GENERAL INFORMATION

Q: What is the Chelsea FC Residential Soccer Camp?

The Chelsea FC Residential Soccer Camp is an immersive training experience designed for youth athletes looking to enhance their soccer skills while experiencing life at a top-tier football academy. The camp includes professional coaching, skill development, match play, and fun off-the-field activities.

Q. Who is eligible to attend the camp?

The camp is designed for boys and girls, ages 11-16, who play competitive club, school and/or Academy-level soccer throughout the school year. Specific eligibility criteria will be outlined during the registration process.

Q. Where is the camp located?

The camp is held at Episcopal High School, a private, co-educational independent boarding school located in Alexandria, VA. Their premier facilities feature state-of-the-art, natural grass and synthetic turf soccer fields, indoor training spaces and fitness equipment as well as classrooms, a swimming pool, an air-conditioned dining hall and other indoor common spaces on campus that are ideal for learning and socializing when not on the fields for training and games.

Q: Do I get more details about my tour (what to bring, contacts, directions)?

The St. James will email you a Camper Welcome Packet with the latest information regarding the camp approximately 2-3 weeks before camp is scheduled to begin.

TRAINING & COACHING

Q. What is the camper-to-coach ratio?

Our camper-to-coach ratio is 15:1, ensuring personalized attention and quality instruction. Coaches will work with players on an individual basis to help establish personal development and improvement plans that the child can begin using at the camp and continue following over the next season ahead.

Q. What type of coaching will my child receive?

Campers will be trained by professional coaches from Chelsea FC and their official USA training partner, The St. James. Traveling over from the Blues' Academy in London, Chelsea FC coaches are all UEFA B or UEFA A licenced coaches who have considerable experience with the soccer industry.

Training will follow the same methodology employed at the club's academy, with sessions focused on technical skills, tactical awareness, and game intelligence.

Q. Will there be an evaluation of my child's performance?

Yes, each camper receives feedback from coaches to highlight strengths and areas for improvement.

DAILY SCHEDULE & ACTIVITIES

Q. What does a typical day at camp look like?

Each day includes structured training sessions, matches, fitness activities, team-building exercises, cool-downs in the outdoor pool, and free time for relaxation. A detailed itinerary will be shared closer to the camp dates.

Q. Are there activities outside of soccer training?

Yes, campers will participate in recreational and social activities to foster camaraderie and ensure a well-rounded experience.

Q: How are the players supervised when they are not on the fields?

All camp staff stay on the Episcopal High School during the entirety of the camp. Campers, coaches and camp staff eat all of their meals together in Laird Dining Hall on the EHS campus. Campers are supervised at all times by camp staff to ensure a safe, positive and enjoyable learning experience for all.

ACCOMMODATION & MEALS

Q. Where do campers stay, and what are the sleeping arrangements?

Campers stay in modern climate-controlled dormitories on the Episcopal High School campus, typically sharing a double room with another participant, with assignments based on age and gender.

Q. Are meals provided, and do you accommodate dietary restrictions?

Yes, campers receive three nutritious meals per day. Special dietary needs can be accommodated with prior notice.

Q. Is laundry service available?

Yes, laundry facilities are available for campers in the dormitories. Details will be provided upon arrival

Q: Are there provisions for special needs or accommodations?

The camp strives to accommodate all campers. Parents should communicate any special requirements during registration.

PACKING & PREPARATION

Q. What should my child bring to camp?

Campers should pack soccer gear (cleats, shin guards, training kits), casual clothing, toiletries, and any necessary medications. A detailed packing list will be provided upon registration. Soccer balls are provided at all training sessions and games.

Each camper is responsible of his/her own personal clothing, property and soccer equipment. Chelsea FC and The St. James shall not be held responsible for any loss, theft, damage, and/or broken items while a player is participating in the camp.

What is the policy on electronic devices?

Guidelines regarding the use of electronic devices will be provided to all campers by the camp director during the opening ceremonies to ensure a safe, balanced and focused camp environment. Wi-Fi is available in the EHS dormitories and buildings on campus.

SAFETY & MEDICAL CARE

Q. How is medical care handled on-site?

Trained medical staff are available 24/7 to address any injuries, illnesses or matters that require personalized care and support. Emergency protocols are in place for serious incidents.

Q. What happens if a player is injured?

Minor injuries will be treated by our on-site medical staff. In case of a serious injury, parents will be notified immediately and player will be accompanied to Alexandria INOVA Hospital.

Q: Do players need a medical form?

Every player needs to have a completed medical form signed by a parent or legal guardian.

Q: What security measures are in place?

The EHS campus is secured by a professional security team that monitors all access points, buildings, dormitories and facilities 24/7. All buildings and residential dormitories are equipped with controlled access technologies that help camp staff members supervise campers at all times of the day and night.

Q: Can a camper leave the camp to go off campus?

At no time are players permitted to leave the camp premises while participating in the camp, unless a temporary leave request is submitted in writing or via email. A parent and/or legal guardian must chaperone all authorized leave.

TRANSPORTATION

Q. How is transportation to and from camp managed?

Parents/guardians are responsible for drop-off and pick-up. For campers who are traveling from outside the DC Metro Area, transportation from local airports and train stations can be arranged for an additional fee.

PARENTAL INVOLVEMENT & COMMUNICATION

Q. Can parents visit during the camp?

Parents are welcome to visit during designated times and further details will be presented and discussed with players and their families as we near the start of camp in June.

Families are welcome to observe training and the friendly matches. Matches will not be televised or made available via streaming.

Q. How can I communicate with my child during camp?

Designated times and methods for communication will be established to ensure campers can connect with their families.

REGISTRATION & PAYMENT

Q. How do I register for the camp?

Registration can be completed online through our official website. Spaces are limited and fill up quickly.

Q. What is the refund policy?

All cancellations must be made in writing by the person listed on the registration form to The St. James via email: info@chelseafccamps.com or via postal mail to The St. James, 6805 Industrial Road, Springfield, VA 22151, and must be postmarked prior to the group's departure, and must include account number, registrant's name, and complete address.

The St. James and Chelsea FC may cancel the program on behalf of the entire group, or any individual participant. Within 24 hours following receipt of your registration confirmation or initial payment invoice (whichever is first), you may

cancel your child's camp registration and receive a full refund. After 24 hours, the following shall apply for a PLAYER participant cancellation request:

- 75% of the camp package price (minimum charge of \$400 if base camp package price is \$1,625 or more) if your cancellation letter is postmarked more than 75 days prior to the first day of camp.
- 50% of the base camp price if your cancellation letter is postmarked 45 to 74 days prior to first day of camp, or
- 25% of the base camp price if your cancellation letter is postmarked 44 days or fewer prior to the first day of camp.

CODE OF CONDUCT

Q: How are behavioral issues handled?

A code of conduct will be enforced, with clear guidelines on addressing any behavioral concerns.

Q: What is the Code of Conduct?

This specific camp will have a 'Code of Conduct' in place for the duration of the camp program, which provides the required behaviour while the athlete is participating in the Chelsea F.C. 2025 Summer Residential Camp. Additional components of the Code of Conduct may include the following:

- No mobile phones may be used during training and activities.
- Prior permission must be granted to go into another player's room; children are NOT permitted in each other's rooms.
- The use of alcohol, tobacco products, narcotics and any other controlled substances while at camp is strictly prohibited. Only medication prescribed by a health care professional (i.e. primary care physician) may be brought on the tour and such must be handed to staff on arrival with written instructions provided in advance to camp staff for use, storage and travel purposes.
- No pocketknives or weapons of any kind are permitted.
- No fighting or swearing; no stealing; no bullying, either verbal, physical or in the form of written statements, graphics, photography or video, on social media, will be permitted or tolerated.

If an athlete breaks the rules of the "Code of Conduct", the athlete will be sent home, and all costs incurred will be met entirely and paid for immediately by the legal parent/guardian. To be truly clear, there shall be no refund of any camp fees if your child is sent home due to Code of Conduct violations.

Consumption or possession of alcoholic beverages or drugs of any kind for which the individual camp participant does not have a valid prescription, behavior infringing upon the ability of others to enjoy the Camp Program, or compromising your own or

others' safety, or is otherwise inappropriate, or violates the law as well as violation of certain other rules, constitute grounds for immediate expulsion.

The St. James and Chelsea FC are committed to providing an environment that is free from harassment. Harassment based upon an individual's sex, race, ethnicity, national origin, age, religion or any other legally protected characteristics will not be tolerated.

KEY CONTACTS

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